

SOP template · Draft

Patient discharge counseling SOP

Plain-language counseling protocol for patient and caregiver at discharge — focused on household contamination guidance and the first 24–48 hours.

1. Setting

Conducted in a private space with patient and primary caregiver present where possible. Written take-home guidance provided in addition to verbal counseling.

2. Core messages

- Alpha radiation is short-range; the protection plan is about contamination, not exposure at distance.
- Use a dedicated bathroom for the first 24–48 hours where possible; flush twice; wash hands thoroughly.
- Sleep separately from a pregnant partner or young child for the period specified by your physician.
- Wash laundry separately for the first 24–48 hours.
- When in doubt, call the contact number on the take-home sheet.

3. Documentation

Verbal counseling delivered and written materials provided are both documented in the patient chart.